



“Cook with Me”

Tuesday July 25, 2017

1:30 - 3:30 pm

Celebrity Chef: **Qamar**



Cod Fish & Fried Bake

Join Qamar to celebrate her Trinidadian Heritage and learn how to cook this delicious Trinidadian dish!

It's a great way to learn, cook and laugh together!

Cost: \$ 2.00 per class (ingredients included)

Register at the front desk

Stay Active

1901 Weston Rd. Weston M9N 3P5

Be Fit

416.245.4395

Live Well

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